AxSpA impacts every aspect of a person's life and its quality. 76% struggled with exercise, and 71% had difficulty cleaning. On average, women waited two years longer than men to be diagnosed. Participants waited over seven years on average to be diagnosed. 2,846 survey participants were involved in the study. In Europe, 69% found dressing the stars difficult, and 69% struggled to get dressed. 76% struggled with exercise, and 69% had trouble getting out of bed. 74% had difficulty finding a job due to their condition, and 46% reported that their disease influenced their job choice. 62% were at risk of psychological distress, 39% anxiety, and 34% depression. Sleep problems affected 50% of participants. 76% of participants struggled with exercise, 62% were at risk of psychological distress, and 34% depression. Between 69% to 71% of participants had difficulty completing daily activities. 69% had trouble getting out of bed, 69% had trouble dressing, and 69% had difficulty finding a job. 30% of participants suffered from pain, and 30% lost mobility. 74% had difficulty finding a job due to their condition, and 46% reported that their disease influenced their job choice. 62% were at risk of psychological distress, 39% anxiety, and 34% depression. Sleep problems affected 50% of participants. 76% of participants struggled with exercise, 62% were at risk of psychological distress, and 34% depression. AxSpA is a poorly understood disease that causes patients to worry for their future. AxSpA impacted a patient's career prospects. AxSpA can disrupt every aspect of a person's life and its quality.