

# BASDAI

## Bath Ankylosing Spondylitis Disease Activity Index



Ankylosing Spondylitis  
International Federation

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please draw a mark on each line below to indicate your situation in the past 7 days:



① How would you describe the overall level of fatigue / tiredness you have experienced in the past week?



Evaluation by  
the doctor

② How would you describe the overall level of AS neck, back or hip pain you have had in the past week?




③ How would you describe the overall level of pain / swelling in joints other than neck, back or hips you have had in the past week?



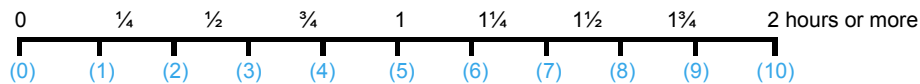

④ How would you describe the overall level of discomfort you have had in the past week from any areas tender to touch or pressure?




⑤ How would you describe the overall level of morning stiffness you have had in the past week from the time you wake up?



⑥ How long did your morning stiffness last from the time you wake up?



BASDAI =

BASDAI = (sum of questions 1 to 4 plus mean of questions 5 and 6) divided by 5